

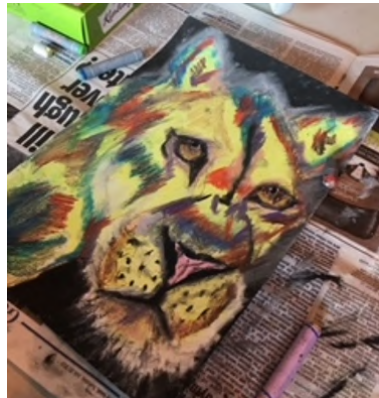


St Vincent's
growing people, changing lives

What's been happening at St Vincent's Southend

African Art Attack

We had a wonderful well attended Art session at the centre, the theme was African wildlife. Nikki guided our clients to produce some amazing drawings using pastel crayons they are truly outstanding.



Easter at St Vincents

We celebrated Easter with a wonderful Easter lunch. Our staff and volunteers worked so hard to produce an amazing roast lamb dinner which was enjoyed by all our clients. This was a wonderful afternoon and really shows a sense of the St. Vincent's community.



HOW WE HAVE TURNED CONCERN INTO ACTION IN APRIL

- 1253 HOT MEALS
- 139 PEOPLE USING OUR MENTAL HEALTH PROGRAMME
- 268 HOURS INREACH SUPPORT
- 293 HOURS OF OUTREACH SUPPORT
- 198 FAMILIES SUPPORTED BY VINNIES PICK AND MIX.
- 45 COLLECTING AND DELIVERING HOUSEHOLD GOOD AND FURNITURE
- 5 PEOPLE SUPPORTED INTO EDUCATION
- 13 MEDICAL CHECKS
- 174 FOODBANK DELIVERIES
- 6 PEOPLE PROVIDED WITH TEMPORARY ACCOMODATION
- 2 PROVIDED PERMANENT HOUSING
- 103 CLOTHING PACKAGES DISTRIBUTED
- 5 PEOPLE SUPPORTED INTO EMPLOYMENT
- 41 HOURS OF PROFESSIONAL COUNSELLING

April 2022

St Vincent's Centre - Unit 9 Victoria Business Park -Southend SS2 5BY. 01702 592980
www.svp.org.uk/st-vincents-southend

Ukraine to UK

This month Ukrainian families have come to Southend. The tragic stories of terror and loss is heart breaking. St Vincents are supporting these families in our area with food, clothing, bereavement counselling, English lessons and any other guidance and support they need.
<https://www.justgiving.com/fundraising/st-vincents-southend>



Fancy Volunteering?

Have you ever fancied Volunteering? We are always have volunteering opportunities and would love to welcome you in to the St. Vincent's Family call us on 01702 592980 or email us on southendsupport@svp.org.uk

Foodbank and Services

Centre open for drop in everyday from 10:30 am - 2:30pm

Foodbank Donations - 11am - 4pm Weekdays

Saturday 11am - 2pm

Kindness Kitchens - Tuesday, Wednesday, Friday, Saturday and Sunday 7pm - 8pm (Outreach is available at all kitchens)

SEND - Benefit help with Claire - Monday 10am - 2pm

Free Haircuts with Jamie - Thursday 10am - 1pm

EPUT - Wednesday - 11am - 5pm

Counselling - Thursday 11am - 2pm

Food Market - Every Friday 10:30am - 1pm

What's going on in May at St Vincents

14th May - St. Vincent's Car Wash

18th May - Women's Wellbeing Wednesday

12th May - Mental Health Week

28th May - Men's Marvellous Moments

Meet the team

Daniel Cauchi - Centre Manager

This is our first Newsletter and we are looking forward to sharing it monthly to explain our community support for local people. St Vincent's centre has expanded over the past 12 months so that we can help meet the needs of our community. We are here to build capacity and work with all groups so that we meet the needs on individuals and families. We are looking forward to starting our new commercial kitchen project in May.

Build Community Together is a real focus for us. As you can see we have a range of services that brings other groups together so that we can provide the best possible support to move people through their struggles. We are trauma informed and a person centred service that allows trusted relationships to help people move forward. I love leading this amazing work as we continue to change lives and allow people to share their real characters.

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